

Sunday

Monday

Tuesday

Wednesday








Thursday

Friday

Saturday

# March 2023

## Birchwood Rehabilitation & Healthcare Center

			<p>1 9:45AM Coffee Club 10:15AM Wake &amp; Shake 10:30AM Brain Teasers 2:00PM Bingo 3:30PM Table Talk 7:00PM Evening Games</p>	<p>2 9:45AM Coffee Club 10:15AM Morning Fitness 10:30AM Word Scramble 2:00PM Painters Club w/ Donna </p>	<p>3 Employee Appreciation Day! 9:45AM Coffee Club 10:15AM Friday Fitness 10:30AM Cranium Crunches 2:00PM Residents Choice</p>	<p>4 9:45AM Coffee Club 10:15AM Stretch &amp; Tone 10:30AM 20 Questions 2:00PM Bingo 3:30PM Short Stories</p>
<p>5 9:45AM Coffee Club 10:15AM 10:30AM Spiritual Readings 2:00PM Table Games 3:30PM Chit Chat</p>	<p>6 National Oreo Cookie Day 9:45AM Coffee Club 10:15AM "Let's Get Physical" 10:30AM The Story of Purim 2:00PM Creative Crafts 3:30PM Card Games  Purim Begins</p>	<p>7 9:45AM Coffee Club 10:15AM "Werk It Out" 10:30AM Sing-along 2:00PM Pokeno  7:00PM Movie Night</p>	<p>8 9:45AM Coffee Club 10:15AM Wake &amp; Shake 10:30AM Reminiscence 2:00PM Bingo 3:30PM Table Talk 7:00PM Evening Games</p>	<p>9 9:45AM Coffee Club 10:15AM "Move &amp; Groove" 10:30AM Hangman 2:00PM TGIT Social w/ Juan Ortega </p>	<p>10 9:45AM Coffee Club 10:15AM Friday Fitness 10:30AM Word Scramble 2:00PM "Movie Flick of the Day"</p>	<p>11 9:45AM Coffee Club 10:15AM Stretch &amp; Tone 10:30AM 20 Questions 2:00PM Bingo 3:30PM Short Stories</p>
<p> 12 9:45AM Coffee Club 10:15AM 10:30AM Spiritual Readings 2:00PM Table Games 3:30PM Chit Chat Daylight Saving Time Begins</p>	<p>13 9:45AM Coffee Club 10:15AM "Let's Get Physical" 10:30AM Beauty Day 2:00PM Word Scramble 3:30PM Wrap Up</p>	<p>14 National Potato Chip Day 9:45AM Coffee Club 10:15AM "Werk It Out" 10:30AM Colorful Creations 2:00PM Pokeno  7:00PM Movie Night</p>	<p>15 9:45AM Coffee Club 10:15AM Wake &amp; Shake 10:30AM Brain Teasers 2:00PM Bingo 3:30PM Table Talk 7:00PM Evening Games</p>	<p>16 9:45AM Coffee Club 10:15AM Morning Fitness 10:30AM Word Scramble 2:00PM Painters Club w/ Donna </p>	<p>17 9:45AM Coffee Club 10:15AM Friday Fitness 10:30AM Cranium Crunches 2:00PM St. Patrick's Day Party w/ Carla V.  St. Patrick's Day</p>	<p>18 9:45AM Coffee Club 10:15AM Stretch &amp; Tone 10:30AM 20 Questions 2:00PM Bingo 3:30PM Short Stories</p>
<p>19 9:45AM Coffee Club 10:15AM 11:00AM Spiritual Service w/ Ms. Terry 2:00PM Table Games 3:30PM Chit Chat</p>	<p> 20 9:45AM Coffee Club 10:15AM "Let's Get Physical" 10:30AM Current Events 2:00PM Creative Crafts 3:30PM Card Games Spring Begins</p>	<p>21 World Poetry Day 9:45AM Coffee Club 10:15AM "Werk It Out" 10:30AM Poetry Club 2:00PM Pokeno  7:00PM Movie Night</p>	<p>22 9:45AM Coffee Club 10:15AM Wake &amp; Shake 10:30AM Reminiscence 2:00PM March Birthday Celebration w/ Dennis Grau  7:00PM Evening Games Ramadan Begins </p>	<p>23 9:45AM Coffee Club 10:15AM "Move &amp; Groove" 10:30AM Hangman 2:00PM Bakers Corner </p>	<p>24 9:45AM Coffee Club 10:15AM Friday Fitness 10:30AM Word Scramble 2:00PM "Movie Flick of the Day"</p>	<p>25 9:45AM Coffee Club 10:15AM Stretch &amp; Tone 10:30AM 20 Questions 2:00PM Bingo 3:30PM Short Stories</p>
<p>26 9:45AM Coffee Club 10:15AM 10:30AM Spiritual Readings 2:00PM Table Games 3:30PM Chit Chat</p>	<p>27 9:45AM Coffee Club 10:15AM "Let's Get Physical" 10:30AM Beauty Day 2:00PM Word Scramble 3:30PM Wrap Up</p>	<p>28 9:45AM Coffee Club 10:15AM "Werk It Out" 10:30AM Colorful Creations 2:00PM Pokeno  7:00PM Movie Night</p>	<p>29 9:45AM Coffee Club 10:15AM Wake &amp; Shake 10:30AM Brain Teasers 2:00PM Bingo 3:30PM Table Talk 7:00PM Evening Games</p>	<p>30 9:45AM Coffee Club 10:15AM Morning Fitness 10:30AM Resident Council Mtg-DR 2:00PM Creative Crafts</p>	<p>31 9:45AM Coffee Club 10:15AM Friday Fitness 10:30AM Cranium Crunches 2:00PM Residents Choice</p>	

Programs are subject to change

Programs held in the Rotunda unless specified- DR=Dining Rm